

# Coaching Requirements & How to Book

13th January 2009: You can access this page from the 'Aikido' drop down menu

This page details coaching requirements and coaching information to enable teachers improve their coaching skills. Please note that Coaching in this sense does not refer to Aikido coaching but is instead about non-Aikido skills that help make better teachers.

## How to Book a Course

It is possible to request a place on an existing course or you can contact a trainer and arrange a course at a suitable venue. CL2 (Coach Level 2) module requirements are listed lower down on this page.

- Check the British Birankai website for scheduled courses
- Register your interest on the BAB website and they will contact you when a course becomes available
- You can book a Sports Coach UK module on a number of websites, including the following.

Nationwide: Sports Coach UK (ScUK) Website

London: Pro-Active London

Coventry, Solihull and Warwickshire: CSW Sport - Events

The Sports Coach UK courses are normally very cheap at around £10 per course and some are even free!

## Coaching Requirements

BAB (British Aikido Board) defined coaching levels are as follows:

Coach Level 1 (CL1)

Coach Level 2 (CL2)

Coach Level 3 (CL3)

There are further levels for trainers.

### Requirements: Coach Level 1

This is a two-day course for students intending to instruct without supervision at club level. An assessment of coaching ability will be made by an approved Coach Tutor throughout the course during both the theoretical and practical sessions. All students successfully satisfying these requirements will receive via their Association CLO a recognition certificate for Coach Level 1. Certificates of competence will then be issued via the Association. Contact British Birankai Coaching Liaison Officer (see Officials page) for further details.

### Requirements: Coach Level 2

This is a one day assessment for students intending to instruct without supervision at club level and beginning to engage in coaching activity at Association level.

The CL2 units may be taken via the BAB or scUK as both are valid. Depending on which body you book the course through you will need to look for the names of modules as shown in the following table.

The student will require the following Units:

BAB Units  
Sports Coach UK Units

Young People  
Coaching Children & Young People

Protecting Children  
Safeguarding & Protecting Children

Practice, Skill & Technique  
Improving Practice & Skill

Fit for Purpose  
Fitness & Training

Communication  
Coaching Methods & Communication

Managing Risk  
Safe exercise, Injury Prevention & Management

Subsequent to taking the above modules there will be an assessment which will lead to the Coach level 2 qualification.

Requirements: Coach Level 3

See the BAB website for details